

Chief Complaint – HPI (History of Present Illness)

Patient Name: Jane Doe Case: Date: 5/23/08 Dr:

Chief Complaint: Neck Pain

Body Area(s) Involved: [X] Cervical [] Spine, Ribs, Pelvis [] Upper Extremity [] Lower Extremity

Condition: [X] New -> [X] Acute or [] Chronic
[] Recurrence (Acute) [] Exacerbation (Acute) [] Chronic

Mechanism of Onset:

- [] Auto: [] Driver/Passenger [] Pedestrian (refer to completed auto accident history form)
[] Work Related: [] Fall [] Falling Object [] Lifting [] Overexertion [] Repetitive Motion [] Other:
[] Other - Liability: [] Slip or Fall [] Other:
[X] Other - No Liability: [] Etiology Unknown [X] Overexertion [] Repetitive Use [] Slept Wrong [] Slip or Fall
[] No Injury

Description of Onset of Complaint: Painting Walls in her house

Current Symptoms: [X] Pain [] Numbness [X] Stiffness [] Weakness

Location: Left / Right / Bilateral Lower Neck / Upper Trapezius

Quality: [] Burning [] Diffuse [X] Dull/Aching [] Localized [] Radiating [] Sharp [] Shooting
[] Stabbing [] Throbbing [] Tightness [] Tingling [] Other

Level of Impairment Due to Symptoms (Resting):

0 1 2 3 4 5 6 7 8 9 10

Level of Impairment Due to Symptoms (With Activity):

0 1 2 3 4 5 6 7 8 9 10

Duration: Started: 5/17/2008

Last Occurred: Last episode: Resolved Previous Visit:
Worsened: yesterday morning Injury Occurred: Accident Occurred:

Timing: Worse: [] Morning [] Afternoon [] Night [X] with Activity; [X] Constant [] Intermittent

Context: Better with: [] Warm Temp [] Cold Temp Worse with: [] Warm Temp [] Cold Temp [] Damp

Assoc Signs and Symptoms: [] Blurred Vision [] Depression [] Dizziness [] Irritability/Mood Swing
[] Localized Tingling [] Nausea [] Ringing in Ears [] Sleep Disturbance [] Stiffness

[X] Headaches: Location: [X] Occipital [] Frontal [] Left Temporal [] Right Temporal [] Parietal [] Sinus
Quality: [X] Dull [] Sharp [] Throbbing [] Stabbing [] Aura [] No Aura
Types: [] Hat Band [] Cluster [] Migraine [] Tension
Other: (frequency/duration/time of day)

Radiation: Left / Right / Bilateral

Weakness: Left / Right / Bilateral

Other Assoc Signs and Symptoms:

- [] aches [] burning [] cold limb(s) [] difficulty walking [] dizziness
[] ecchymosis [] chronic fatigue [] fever [] heartburn [] joint stiffness
[] muscle spasm [] muscle weakness [] nausea [] numbness [] pale bluish skin
[] panic [] pins & needles [] rhinorrhea (runny nose) [] shortness of breath [] sweating
[] swelling [] tingling [] vomiting

Modifying Factors:

- Symptoms Better With: nothing helps activity bending applying cold applying heat
 massage movement OTC meds Rx meds rest
 stretching sitting standing twisting walking
- Symptoms Worse With: (as noted in Social History)

Daily Activities: Effects of Current Condition on Performance

- Bending: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Care -Infirm Family: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Carrying Groceries: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Change Posn-Sit-Stand: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Climb Stairs: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Driving: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Extended Computer Use: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Feeding: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Household Chores: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Kneeling: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Lift Children: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Lifting: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Pet Care: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Reading (Concentration): No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Self Care: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Self Care-Bathing: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Self Care-Dressing: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Self Care-Shaving: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Sexual Activities: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Sleep: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Static Sitting: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Static Standing: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Walking: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 Yard Work: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform

Employment:

- Occupation/Job Title: Accountant Work: _____ hrs / day or week
 Description of Work: _____
 Job Classification: Sedentary (<5lbs) Light (5-20lbs) Moderate (20-50lbs) Heavy (>50 lbs)
 Lifting Frequency: Constant (67-100%/day) Frequent (33-66%/day) Occasional (0-32%/day)
 Lifting Postures: with Arms High Near from Knee Off Posture from Torso

- Work Activity Postures: (hrs/day)
 bending: _____ h/d climbing: _____ h/d kneeling: _____ h/d pulling: _____ h/d pushing: _____ h/d
 reaching: _____ h/d sitting: _____ h/d standing: _____ h/d twisting: _____ h/d walking: _____ h/d

- Repetitive Activities: (hrs/day)
 assembly/fine manipulation: _____ h/d computer use/typing: _____ h/d grasping: _____ h/d
 hand tool use: _____ h/d operation of machinery controls: _____ h/d phone use: _____ h/d

Condition's Effect On Job Performance:

- Mild Painful (Can do) Mod Painful (limited ability) Mod/Sev Limited Duty Sev No Limited Duty Sev (can't do limited duty)

Recreational Activity: Effects of Current Condition on Performance

- Exercise _____ No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
 _____ No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform